

**TOPIC: HEALTH CARE, SANITATION AND HYGIENE**

<b>THE ROOT CAUSES of UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE</b>	1. Lack of health care development education
	2. Lack of sanitation equipment
	3. Lack of hygiene education in schools and communities
	4. Poor hygiene and sanitation
	5. No penalty imposed on violations in the communities
	6. No selected dumpsites within the communities or cities

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE - CONSEQUENCES AT THE INDIVIDUAL LEVEL</b>	1. Different kinds of sicknesses and diseases
	2. Death
	3. Unnecessary spending on health
	4. Procrastination of time
	5. Disabilities

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE - CONSEQUENCES AT THE FAMILY LEVEL</b>	1. Unsaved home
	2. Sicknesses and diseases
	3. Death
	4. Reduction of resources, malnourishment
	5. Slow progress and development

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE - CONSEQUENCES AT THE COMMUNITY LEVEL</b>	1. Sickesses and diseases
	2. Death
	3. Unclean community
	4. Unsaved community

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE - CONSEQUENCES AT THE NATIONAL LEVEL</b>	1. Threats of sicknesses and diseases
	2. Loss of lives
	3. Unclean nation
	4. Unsaved nation
	5. Drives investors away
	6. Diseases

### **HEALTH CARE, SANITATION AND HYGIENE: THE WAY FORWARD**

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE - WAY FORWARD AT THE INDIVIDUAL LEVEL</b>	1. Individual should clean his/her home and it's environs weekly
	2. Should desist from dropping feces in the streets
	3. Should control his/her garbage disposal
	4. Keep the source of drinking water clean
	5. Should have toilet facilities in homes
	6. Should wash his/her hands before every meal

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE – WAY FORWARD AT THE FAMILY LEVEL</b>	1. Encourage their neighbors to keep their environment clean
	2. Encourage each member of the family not to drop feces in the streets
	3. Every family/home should carry out clean-up campaign monthly
	4. Encourage every member to wash hands before meal and after toileting
	5. Should cater to their children’s welfare in case of sickness and disease

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE – WAY FORWARD AT THE COMMUNITY LEVEL</b>	1. Should carry out clean-up campaign bi-monthly
	2. Should identify dumping sites for garbage disposal in the community
	3. Should have safe drinking water
	4. Should have pit latrines for homes that have no toilets in them to avoid the throwing of feces in the streets

<b>UNDERDEVELOPMENT IN HEALTH CARE, SANITATION AND HYGIENE – WAY FORWARD AT THE NATIONAL LEVEL</b>	1. Sanitation and hygiene should be taught in all schools
	2. Hospitals and clinics should be built all over the country
	3. Budget should be allocated for sanitation and hygiene
	4. Set up a bureau to take care of all sanitation issues
	5. Train more medical doctors and nurses